

## LUPRON PROTOCOL

*Store in refrigerator. Start when calendar indicates or IVF Team instructs.  
Refer to calendar or doctor's orders for miscrodosage. Syringes may be prefilled.  
Replaces Ganirelix in standard IVF. Helps prevent premature LH surges.*

### **Injection Instructions – Subcutaneous**

1. Assemble supplies:
  - alcohol swabs/cotton balls
  - Lupron (Leuprolide Acetate) from refrigerator
  - ½ cc/ml syringe with 27 or 28GA ½ inch needle (orange cap)
  - disposal container
  - band-aid (optional)
2. Take Lupron out of refrigerator to warm to room temperature for at least 15 minutes before proceeding.
3. Wash your hands.
4. Swab off top of vial with alcohol.
5. Uncap the needle on the syringe and insert into vial.
6. Turn vial upside-down and draw up dose into syringe. (Your daily dose may increase or decrease based on scan results and IVF instructions.)
7. To remove air bubbles, tap on the side of the syringe with the needle up, and push the air out when it rises to the top.
8. Select an area near your belly button (about two inches away) and swab with alcohol. Let it dry.
9. Pinch up the skin and insert the needle with a dart-like motion into the cleaned area. Inject the Lupron and remove the needle from the skin.
10. Apply pressure to the site with a clean, dry cotton ball for a minute or two. Cover with a band-aid, if needed.
11. Dispose of syringe and needle in container and return medication vial to refrigerator.